



Research Article

## Knowledge of women tea plantation workers of Assam on nutrition, health and hygiene

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**SUMMARY :** The present research study entitled knowledge of women tea plantation workers of Assam on nutrition, health and hygiene was done with the objectives, to study the socio-personal characteristics of women tea plantation workers of Assam, to assess the existing knowledge of women tea plantation workers on nutrition, health and hygiene, to find out the relationship of women tea plantation workers knowledge with the selected independent variables on nutrition, health and hygiene. The study was carried out in four Tea Estates *i.e.* Kakojan T.E., Duflating T.E., Kothalgorie T.E. and Gotonga T.E. of Jorhat district of Assam. Twenty five married permanent women tea plantation workers with atleast one child were selected from each garden totaling one hundred women tea plantation workers from all the selected tea gardens were the respondents of the present study. The findings show that the women tea plantation workers of Jorhat district had low level of knowledge on nutrition, health and hygiene.

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